

Weston Public Schools

Country & Woodland Main Menu October 2023

Sep 25, 2023

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Cheeseburger Hamburger Lettuce & Tomato Sweet Potato Fries Fresh Fruit Milk	Oct - 3 French Toast Sticks Pork Sausage Links Cucumber Coins Fresh Fruit Milk	Oct - 4 Early Dismissal No Lunch Served	Oct - 5 Rotini with Meat Sauce Herb Roasted Cauliflower Fresh Fruit Milk	Oct - 6 French Bread Pizza Garden Salad Fresh Fruit Milk
Oct - 9 No School	Oct - 10 Chicken Tenders Potato Smiles Celery and Carrots Fresh Fruit Milk	Oct - 11 Toasted Cheese Sandwich Butternut Squash and Carrot Soup Fresh Fruit Milk	Oct - 12 Meatballs w/ Pasta Garlic Knots Broccoli with Parmesan Fresh Fruit Milk	Oct - 13 Pizza Rounds Corn Niblets Rainbow Veggies Fresh Fruit Milk
Oct - 16 Baked Mozzarella Sticks Marinara Sauce Peas Fresh Fruit Milk	Oct - 17 Buttermilk Pancakes Pork Sausage Links Baked Tater Tots Cucumber Coins Fresh Fruit Milk	Oct - 18 Crispy Chicken Sandwich Mixed Vegetables Broccoli Florets Ranch Dressing Fresh Fruit Milk	Oct - 19 Macaroni and Cheese Fish Sticks Honey Carrot Coins Fresh Fruit Milk	Oct - 20 Big Daddy's Pizza Garden Salad Two Bean Salad Fresh Fruit Milk
Oct - 23 Toasted Cheese Ravioli Marinara Sauce Texas Garlic Toast Roasted Broccoli w/ Garlic Fresh Fruit Milk	Oct - 24 Orange Chicken with Rice Tasty Green Beans Fresh Fruit Milk	Oct - 25 Early Dismissal No Lunch Served	Oct - 26 Nachos w/ Beef, Cheese Lettuce & Tomato Refried Beans Fresh Fruit Milk	Oct - 27 Stuffed Crust Pizza Garden Salad Fresh Fruit Milk
Oct - 30 Hot Dog in a Bun Baked Crinkle Fries Baked Beans Fresh Fruit Milk	Oct - 31 Homemade Chicken Pot Pie with Vegetables Seasoned Carrots Fresh Fruit Milk			

Before placing your order please inform your server if a person in your party has a food allergy. Vegetarian options available upon request - please see Cafeteria Manager.
 USDA is an equal opportunity provider and employer.
 Menu is subject to change.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.