

Suggestions and Resources for Elementary Enrichment

Make a plan: Ask your child to think about what they want to learn and how to demonstrate their learning (show what they know). Take a look at the ideas below. Your child can certainly think of many more.

Procedure for children:

1. Choose something you are interested in.
2. Make a plan. How will you go about it? How will you represent it? A drawing? A photo? A paragraph? A sculpture?
3. Do it.
4. Share your results with an audience (someone in your home, a distant relative via Facetime, Zoom, Google, Skype, etc.)
5. Think about what you learned and how you learned it. Would you do something differently next time?

The Arts:

Paint, sculpt, write a song, make a drawing, some jewelry, create a piece of clothing with recycled materials, visit an online museum (perhaps [The Met](#) in NYC, or the [Louvre](#) in Paris) and pick your favorite artist and learn more about them...

Wellness:

Movement - get moving with [Go noodle](#), a bike ride, yoga, animal charades...

Go on some [Virtual Field Trips](#)

Do [random acts of kindness](#)...

Build [social and emotional learning skills](#)

Practice [habits of mind](#)

Mathematics:

Look for shapes around the house, do a jigsaw puzzle, experiment with angles, play board or card games, make board or card games, cook or bake using a recipe, explore more games and challenges on one of these Weston Math sites: [Majestic Mathematics](#) for K-3, [Mrs. M.'s Math Medley](#) for Grade 4, and [Noble Numbers](#) for Grade 5, try [ST Math](#) for amazing research based visual mathematics....

Engineering:

Start the [30-day Lego Challenge](#), build a model bridge with toothpicks, design a room, house, playground, trampoline or water park, build a house of cards or cups, a fort, a treehouse, a machine to make your life easier, a recycle bin mobile, a block structure...

Technology:

Try out an Hour of Code activity on [coding.org](#), create a circuit, a presentation, a slideshow, a short film, a song on garageband, a digital photobook...

Science:

Explore [nature](#) in your neighborhood with Mass Audubon, investigate seasonal change and be a citizen scientist with sites like [Journey North](#), [eBird](#) or [iNaturalist](#), do family [night sky](#) watching, check out live daily programs at the New England Aquarium (either on their Facebook page or on their YouTube [page](#) and Zoo New England's Zoo to You [programs](#), do research in your neighborhood, design and conduct an [experiment](#), grow something, watch a space station exploration [NASA](#)...

Social Studies:

create a timeline, conduct an interview with an older family member, make a display of an event that interests you. Make a map of your bedroom, your house, your neighborhood. Explore Google Earth and Google Expeditions, take a virtual visit to the [US National Parks](#)...

Literacy - reading, writing, speaking and listening:

Write a book review, a puppet show, a book recommendation, a cartoon or graphic novel, a letter to an author, a poem, a blog, a recipe, a speech to convince your parent or guardian about something, have a debate where you choose sides of an issue (ex: should students wear uniforms to school?), have conversations (ex: ask your children how they feel and talk about how you feel), script your thinking aloud for your children (ex.: "I'm going to take a rest for a few minutes because it's important to rest my brain. Rest actually helps my brain to grow bigger" or "Wow, I just had a hard work meeting. One of my colleagues said something that made me upset, so I took ten deep breaths to calm myself down before I responded.")...

Your Brilliant Ideas....