

Weston Public Schools
Field School
Alternate Lunch Menu September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1
Sep - 4 No School	Sep - 5 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Baked Crinkle Fries Fresh Fruit 1/2 Cup Milk	Sep - 6 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Cucumber Coins Fresh Fruit 1/2 Cup Milk	Sep - 7 Ham & Cheese on Ciabatta Roll Bagel & CC Strawberry Yogurt Sunflower Seeds SunButter & Jelly String Cheese Stick Garden Salad with Chicken Cucumber Coins Fresh Fruit 1/2 Cup Milk	Sep - 8 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Fresh Fruit 1/2 Cup Garden Salad Milk
Sep - 11 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Sweet Potato Fries Fresh Fruit 1/2 Cup Milk	Sep - 12 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Refried Beans Cucumber Coins Fresh Fruit 1/2 Cup Milk	Sep - 13 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Cucumber Coins Baked Tater Tots Fresh Fruit 1/2 Cup Milk	Sep - 14 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Carrot Sticks Fresh Fruit 1/2 Cup Milk	Sep - 15 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Broccoli Florets Fresh Fruit 1/2 Cup Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weston Public Schools
Field School
Alternate Lunch Menu September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 18 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Fresh Fruit 1/2 Cup BBQ Baked Beans Baked Crinkle Fries Milk	Sep - 19 Ham & Cheese on Ciabatta Roll Bagel & CC Strawberry Yogurt Sunflower Seeds SunButter & Jelly String Cheese Stick Garden Salad with Chicken Cucumber Coins Fresh Fruit 1/2 Cup Milk	Sep - 20 Ham & Cheese on Ciabatta Roll Bagel & CC Strawberry Yogurt Sunflower Seeds SunButter & Jelly String Cheese Stick Garden Salad with Chicken Fresh Fruit 1/2 Cup Broccoli Salad Carrot Sticks Milk	Sep - 21 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Cucumber Coins Fresh Fruit 1/2 Cup Milk	Sep - 22 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Garden Salad Fresh Fruit 1/2 Cup Milk
Sep - 25 No School	Sep - 26 Ham & Cheese on Ciabatta Roll Bagel & CC Strawberry Yogurt Sunflower Seeds SunButter & Jelly String Cheese Stick Garden Salad with Chicken Cucumber Coins Baked Tater Tots Fresh Fruit 1/2 Cup Milk	Sep - 27 Ham & Cheese on Ciabatta Roll Bagel & CC Strawberry Yogurt Sunflower Seeds SunButter & Jelly String Cheese Stick Garden Salad with Chicken Fresh Fruit 1/2 Cup Potato Smiles Tomato & Basil Salad Milk	Sep - 28 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Cucumber Coins Fresh Fruit 1/2 Cup Milk	Sep - 29 Ham & Cheese on Ciabatta Roll Bagel & CC Sunflower Seeds Strawberry Yogurt SunButter & Jelly String Cheese Stick Garden Salad with Chicken Garden Salad Fresh Fruit 1/2 Cup Milk

Before placing your order please inform your server if a person in your party has a food allergy. Vegetarian options available upon request - please see Cafeteria Manager.
 USDA is an equal opportunity provider and employer.
 Menu is subject to change.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.