

# Weston Public Schools

## High School Breakfast Menu September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1
Sep - 4  No School	Sep - 5  Sausage, Egg, & Ch on English Muffin Buttermilk Pancakes Fresh Fruit Milk	Sep - 6  Breakfast Burrito Cinnamon Rolls Fresh Fruit Milk	Sep - 7  Bacon Egg & Cheese Bagel Homemade Muffin Fresh Fruit Milk	Sep - 8  French Toast Sticks Pork Sausage Links Fresh Fruit Milk
Sep - 11  Ham, Egg and Ch on English Muffin Whole Grain Cinn. Donut Fresh Fruit Milk	Sep - 12  Sausage, Egg, & Ch on English Muffin Buttermilk Pancakes Fresh Fruit Milk	Sep - 13  Breakfast Burrito Cinnamon Rolls Fresh Fruit Milk	Sep - 14  Bacon Egg & Cheese Bagel Homemade Muffin Fresh Fruit Milk	Sep - 15  French Toast Sticks Pork Sausage Links Fresh Fruit Milk
Sep - 18  Ham, Egg and Ch on English Muffin Whole Grain Cinn. Donut Fresh Fruit Milk	Sep - 19  Sausage, Egg, & Ch on English Muffin Buttermilk Pancakes Fresh Fruit Milk	Sep - 20  Breakfast Burrito Cinnamon Rolls Fresh Fruit Milk	Sep - 21  Bacon Egg & Cheese Bagel Homemade Muffin Fresh Fruit Milk	Sep - 22  French Toast Sticks Pork Sausage Links Fresh Fruit Milk
Sep - 25  No School	Sep - 26  Sausage, Egg, & Ch on English Muffin Buttermilk Pancakes Fresh Fruit Milk	Sep - 27  Breakfast Burrito Cinnamon Rolls Fresh Fruit Milk	Sep - 28  Bacon Egg & Cheese Bagel Homemade Muffin Fresh Fruit Milk	Sep - 29  French Toast Sticks Pork Sausage Links Fresh Fruit Milk

Before placing your order please inform your server if a person in your party has a food allergy. Vegetarian options available upon request - please see Cafeteria Manager.  
 USDA is an equal opportunity provider and employer.  
 Menu is subject to change.

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**