

List three questions that you hope will be answered at this forum.

- 1.
- 2.
- 3.

### **Guidance Mission**

As professional school counselors at Weston High School, we are dedicated to empowering every student to achieve academic success, personal and social growth, wellness and career exploration.

### **Guidance Staff / Contact Information**

Guidance Office: 781-786-5820 (*please use this number to contact your counselor*)

Administrative Assistant: Christine Wadsworth – wadsworthc@weston.org

Marla Schay (Head of Guidance) – schaym@weston.org

Gretchen Gugliotta – gugliottag@weston.org

Samson Luu – luus@weston.org

Christopher Shanahan – shanahanc@weston.org

Maryann Shea - sheam@weston.org

*Interns (2017-18):*

Ali Sumski – sumskia@weston.org

Katherine Miele – mielek@weston.org

### **Developmental Transitions in Grades 9-10**

- ✓ Self-advocacy, independence, responsibility for their own education and well-being
- ✓ Healthy decision-making, stress management, emotional resilience, positive relationships

### **FAQs**

#### ***What if my child has a concern about a class or activity?***

1. Encourage your child to talk to his/her teacher, coach, or activity director.
2. Then, if you still have a concern, you may contact the teacher, coach, or activity director directly.
3. If the issue is not resolved after your conversations, you may contact the department head, director, supervisor, or assistant principal.

#### ***What if my child is having trouble socially or emotionally?***

Encourage your child to talk to his/her counselor, the youth counselor or call to discuss.

#### ***What if my child has a family-related issue or medical concern?***

Contact your child's counselor or the school nurse.

### **Resources**

Weston High School Web Site	<a href="http://www.westonschools.org">http://www.westonschools.org</a> >> WHS	
Weston Guidance Web Site	WHS Web Site >> WHS >> Academics >> Guidance & Counseling	
Student-Parent Handbook	WHS Web Site >> Home >> Publications	
Program of Studies	WHS Web Site >> Academics	
School Youth Counselor	Paula Gearan – gearanp@weston.org	781-786-5847
School Nurse	Michelle Rizza – rizzam@weston.org	781-786-5837
Health & Wellness Coordinator	Mitch Finnegan – finneganm@weston.org	781-786-5955
Student Activities Director	Nick Pezzote – pezzoten@weston.org	781-786-5848
Athletic Director	Michael McGrath – mcgrathm@weston.org	781-786-5845
Special Education Office	Nikki Patruno – patrunon@weston.org	781-786-5881
TEC (The Enrichment Center)	Erin Patterson – patterson@weston.org	781-786-5919

# Guidance Planning Milestones

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## Freshmen Year

August / September	Freshman Orientation Day
Ongoing	Individual meetings with school counselors / Introduce students to <i>Naviance</i> - Freshman Snapshot

### Course Selection:

January	Program of Studies available by Curriculum Night
February	Teacher recommendations for course placement
March	Individual meeting with school counselor to select courses
June	MCAS (Physics)
June	SAT Subject Test (Physics) – <i>Optional</i>

## Sophomore Year

First Semester	Career Seminar
	Introduce students to graduation requirements, transcripts, and the high school profile
January – March	Course Selection ( <i>see above</i> )
March	Pre-ACT
Feb/March	MCAS (ELA)
May	MCAS (Math)
May	Advanced Placement Exams
June	SAT Subject Tests (Biology and/or World History) – <i>Optional</i>

## Junior Year

October	PSAT
November	Junior College Information Sessions
October	Financial Aid Night
December	PSAT results available – recommended student meeting with counselor
January – March	Course Selection ( <i>see above</i> )
Second Semester	Guidance Seminar 11 ( <i>syllabus available on web-site, updated annually</i> )
March-May-June	SAT and/or ACT
May	Advanced Placement Exams
June	SAT Subject Tests ( <i>see Testing page on the guidance web site</i> )

## Senior Year

Term One	Guidance Seminar 12 ( <i>syllabus available on web-site, updated annually</i> )
September	Senior College Information Sessions
Sept-Oct-Nov-Dec	SAT and/or ACT
October	Financial Aid Night
Fall	Submit FAFSA/CSS Profile
Fall-Winter	Prepare and submit applications to colleges and/or post-secondary programs
May 1 <sup>st</sup>	College deposit deadline
May	Advanced Placement Exams
May-June	Senior Internship
June	Graduation