

Spring Sports Information

Good Afternoon Weston Families,

I hope this email finds you well. It has been great seeing you all the past few months and THANK YOU for your continued support of our Athletic Program during this very unusual time. Our student-athletes, coaches and parents have done an incredible job adhering to the many protocols that have been in place for each of the last three seasons. We have made it to the Spring Season, and I cannot wait for it to begin. Great News! There will be an MIAA Tournament this Spring.

As always, each student-athlete is required to register on FamilyID (www.familyid.com) and have an up to date physical on file with our school nurse.

PLEASE NOTE: The Weston Public Schools now require **ALL** student-athletes to weekly pool test for COVID-19. Each team will have a designated day to test. Testing will be located in the Assistant Principal's Conference Room from the hours of 8am-2pm. Please register your student-athlete via the following link:

[Student Covid-19 Testing Notice \(1\).pdf](#). Should you have any difficulty registering your student-athlete for pool testing or have a specific health question please reach out to our school nurse Michele Rizza at 781-786-5837. All student-athletes **MUST** test each week in order to be eligible to participate.

Pool Testing Days:

Monday's – Boys & Girls Crew and Boys & Girls Sailing

Tuesday's – Boys & Girls Tennis

Wednesday's – Softball & Baseball & Boys & Girls Outdoor Track

Thursday's – Boys & Girls Lacrosse

This spring season we will introduce the sport of **Sailing**. This will be a 5-week program. It will be run out of Community Boating in Boston. Weston will sail each Wednesday from 3pm-4:30pm. Transportation will be provided by Weston Transportation to and from practices. There will be a small Community Boating membership fee (\$75) for each participant as well as an approved swim test needed in order to participate. Boats, life jackets, etc. are provided by Community Boating. We do have a coach – Libby Tower. Should you have any questions please direct them to Alison or Katie Barlow (teambarlow@comcast.net).

Wrestling, a traditional winter sport was moved to the spring this year by the MIAA. Unfortunately, due to the nature of the sport we have decided to forgo Wrestling for this year and will look forward to competing once again in the 21/22 Winter Season. Please Note: Most all schools within the DCL will also forgo this season.

Additional Information on the Spring Season:

- Spring Season will begin on Monday, April 26th
- Spring Season Sports Offered: Boys & Girls Lacrosse, Boys & Girls Outdoor Track, Boys & Girls Tennis, Baseball, Softball, Crew & Sailing
- **MASK MUST BE WORN** by all student-athletes and coaches at every practice/game, match or meet. All student-athletes should write their initials on the inside of their mask. No mask sharing. All should also have a back-up mask.
- I suggest that each student-athlete bring their own gym bag to all practices/games, meets & matches. All personal items should be stored within their bag and be placed 6ft. apart from other bags.
- No water jugs will be issued this Spring Season. All student-athletes are required to bring their own water bottles.
- We encourage student-athletes to bring their own hand sanitizer and wash their gear and uniforms after games/practices. No shared equipment when at all possible. We will also have wipes and hand sanitizer available.
- Spring Sport Modifications: [MIAA COVID-19 Task Force](#)

- Boston Bus – There will be a late Boston bus departing daily from Weston at 6:30pm throughout the Spring Season.
- Spectators: We will continue to allow 2 family members per student-athlete to attend all home and away (DCL schools) contests. For non-league contest I will communicate opposing school's spectator policy when needed.

Coach Contact /Tryout Information: *(Coaches will conduct player/parent zoom meetings first week of the season)*

Baseball – Coach Shilalie (shilaliem@weston.org)

Varsity Baseball Field - 4:00pm daily

Softball – Coach Johnson (thomas.johnson@watertown.k12.ma.us)

Varsity Softball Field – 4:00pm daily

Outdoor Track – Coach Monz (monzj@weston.org)

Proctor Track – 4:00pm daily

Girls Lacrosse – Coach van Ogtrop (winkvo@me.com)

Proctor/Field 1 – 4:00pm daily

Boys Lacrosse – Coach Wilcon (coachwil22@icloud.com)

Proctor/Field 1 – 4:00pm daily

Girls Tennis – Coach Sainato (dyannesainato@yahoo.com)

HS/MS Courts – 4:00pm daily

Boys Tennis – Coach Conlin (skigca3@me.com)

HS/MS Courts – 4:00pm daily

Crew – Coach Baker (rowingmike@gmail.com)

Wayland Town Beach – 3:45pm daily

Sailing – Coach Tower (Please contact Katie or Alison Barlow – teambarlow@comcast.net)

Community Boating – Wednesday's 4:00pm (April -May)

As always, please let me know if you have any questions.

Go Cats!

Thanks,

Mike

