

**WHS/WMS Parent Education Workshop**

***Keeping our Kids Healthy:***  
**Health Screenings &  
Curriculum Preview**

**Tuesday October 17, 2023**  
**7:00 pm**

**Amy Potter Center**  
**Weston Middle School**

*For more information contact*  
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Vision,  
Hearing  
& BMI

SOS:  
Signs of  
Suicide

SBIRT

JED  
Program

Get Real  
Human  
Sexuality  
Education

MetroWest  
Adolescent  
Health  
Survey

# Workshop Information

*Join us a for a special workshop  
for parents of all WMS and WHS students*

*At this workshop, parents will:*

- *Learn about the several Health-related screenings and curricula that are being conducted in Weston this year*
- **Understand how the data from these screenings are used to keep our kids healthy through the development of services and curricula to address identified student needs**
- **Preview copies of available materials for these screenings & curricula**
- **Participate in a Q&A session with the school staff directly involved with the development and coordination of these programs**

# Topics Covered

## DPH OR DESE Mandated Screenings:

- **Student Health Screenings** - State-mandated health screenings: Body Mass Index (BMI), Vision, Hearing
- **SBIRT - Screening, Brief Intervention & Referral to Treatment** - State-mandated screening of students for alcohol & nicotine use

## Special District Health Surveys

- **MetroWest Adolescent Health Survey** - Comprehensive youth risk behavior survey
- **JED Program** - Special multi-year grant program at WHS starting this fall to develop strategic plan for addressing mental health, suicide, substance abuse.

## Health Education Curricula

- **SOS-Signs of Suicide Prevention Workshop\*** and *Brief Screening for Adolescent Depression* screening.
- **Get Real Human Sexuality Curriculum\*** - Comprehensive human sexuality curriculum  
*\*curriculum materials available for preview*

**For more information contact  
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