

**Weston Public Schools**  
**Country and Woodland**  
**Main Menu**  
**January 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	Jan - 1 Happy New Year!	Jan - 2 Hot Dog French Fries Cinnamon Apple Sauce	Jan - 3 Spaghetti & Meatballs w/Marinara Sauce Blasted Broccoli Orange Smiles	Jan - 4 Oven Baked Pizza Corn Niblets Celery and Carrots Pears
Jan - 7 French Toast Sticks Sweet Potato Tots Celery and Carrots Sausage Links Orange Juice	Jan - 8 Chicken Teriyaki Brown Rice Mixed Vegetables Pineapple Tidbits	Jan - 9 Chicken Tenders Roasted Red Potatoes Cucumber Coins Texas Garlic Toast Pears	Jan - 10 Rotini with Meat Sauce Broccoli with Parmesan Mixed Fruit	Jan - 11 Pizza Rounds Cinnamon Chickpeas Celery and Carrots Crisp Apple Slices
Jan - 14 Meatball Sub Sweet Potato Tots Fresh Seedless Grapes	Jan - 15 Beef Nachos Black Bean & Corn Salad Strawberries Taste Test Tuesday at Country!	Jan - 16 Chicken Noodle Soup Corn Niblets Soft Baked Pretzel Fresh Melon	Jan - 17 Crispy Chicken Sandwich Sweet Potato Tots Peaches Taste Test Day at Woodland!	Jan - 18 No School
Jan - 21 No School	Jan - 22 Pancakes Baked Tater Tots Sausage Links Orange Juice	Jan - 23 Toasted Cheese Sandwich Homemade Tomato Soup Celery and Carrots Mixed Fruit	Jan - 24 Chicken Pasta Blasted Broccoli Fresh Seedless Grapes	Jan - 25 Oven Baked Pizza Homemade 3 Bean Salad Celery and Carrots Peaches
Jan - 28 Baked Mozzarella Sticks Marinara Sauce Tasty Green Beans Peach cup	Jan - 29 Popcorn Chicken Potato Smiles Cinnamon Apple Sauce	Jan - 30 Cheeseburger Hamburger Sweet Potato Wedges Strawberries	Jan - 31 Cheesy Lasagna Rollup Kale Chips Orange Smiles	

Fresh fruit, Caesar salad and milk offered daily.  
 Before placing your order please inform your server if a person in your party has a food allergy.  
 USDA is an equal opportunity provider and employer.  
 Menu is subject to change.

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**