# Weston Public Schools



## High-Middle School Breakfast Menu

Dec 14, 2020

January 2021

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | | Jan - 1<br><br>No School |
| Jan - 4<br><br>Corn Muffins<br>Whole Fruit<br>Shelf Stable Milk | Jan - 5<br><br>Pop Tarts<br>Whole Fruit<br>Shelf Stable Milk | Jan - 6<br><br>No School | Jan - 7<br><br>Pop Tarts<br>Whole Fruit<br>Shelf Stable Milk | Jan - 8<br><br>Corn Muffins<br>Whole Fruit<br>Shelf Stable Milk |
| Jan - 11<br><br>Scone<br>Whole Fruit<br>Shelf Stable Milk | Jan - 12<br><br>Cinnamon Rolls<br>Whole Fruit<br>Shelf Stable Milk | Jan - 13<br><br>No School | Jan - 14<br><br>Cinnamon Rolls<br>Whole Fruit<br>Shelf Stable Milk | Jan - 15<br><br>Scone<br>Whole Fruit<br>Shelf Stable Milk |
| Jan - 18<br><br>No School | Jan - 19<br><br>Blueberry Muffin<br>Whole Fruit<br>Shelf Stable Milk | Jan - 20<br><br>Pop Tarts<br>Whole Fruit<br>Shelf Stable Milk | Jan - 21<br><br>Cinnamon Rolls<br>Whole Fruit<br>Shelf Stable Milk | Jan - 22<br><br>Scone<br>Whole Fruit<br>Shelf Stable Milk |
| Jan - 25<br><br>Chocolate Chip Muffin<br>Whole Fruit<br>Shelf Stable Milk | Jan - 26<br><br>Pop Tarts<br>Whole Fruit<br>Shelf Stable Milk | Jan - 27<br><br>No School | Jan - 28<br><br>Pop Tarts<br>Whole Fruit<br>Shelf Stable Milk | Jan - 29<br><br>Chocolate Chip Muffin<br>Whole Fruit<br>Shelf Stable Milk |
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***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.***
**** - denotes combined nutrient totals with either missing or incomplete nutrient data.***

***NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.***