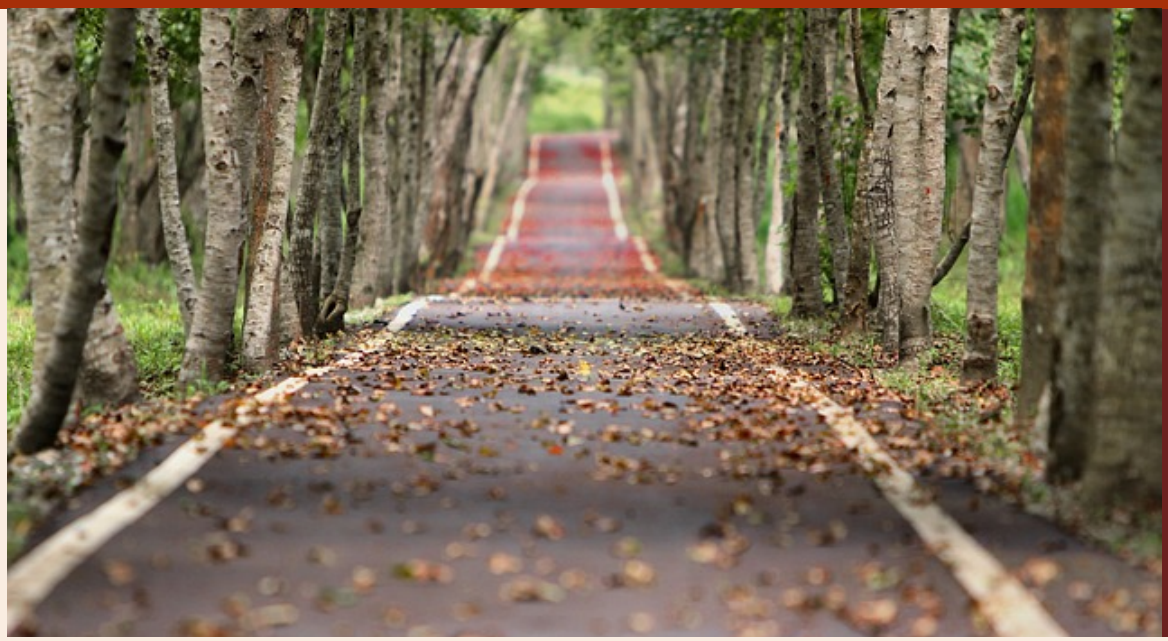
SEPTEMBER 2023 | ISSUE 1

WPS NURSING NEWS

Fall Nursing Update



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WELCOME BACK

As summer comes to an end and fall preparation begins, the WPS Nursing Team would like to take a moment to say welcome back! We are excited to be an integral component of your child's educational experience.

We are here to support you and your child(ren) in meeting their physical and mental health needs. We take pride in providing evidence-based and practical approaches to student care.

We look forward to partnering with you in the coming year in creation of individualized plans of care that best support your child(ren). Click here for a listing of nurses by school and services we provide.

WHEN SHOULD MY CHILD STAY HOME?

Cold and flu season is upon us. Questions frequently arise around how to best determine if a child is healthy enough to attend school. The following guidance may be helpful in making that decision.

Use this link to read the American Academy of Pediatricians suggestions to prevent fall illness

RSV: is a highly infectious with symptoms including cough, fever, wheezing, and dehydration. If your child has been diagnosed with RSV, please contact your child's school nurse. Your child can return to school once symptoms have improved, including fever for 24 hours.

FEVER: Check your child's temperature with a thermometer. If the thermometer reading is greater than 100 degrees, do not send your child to school. Children should be fever free, without medication, for 24 hours before returning to school.

Vomiting/Diarrhea: If your child is vomiting or has diarrhea, your child should stay home. Children should be able to eat and drink without continued vomiting or diarrhea before returning to school.

Strep Throat: Children diagnosed with strep throat may return to school after 24 hours of antibiotics and improvement in symptoms.

Flu: Symptoms of flu include fever (higher than 101F), chills, headache, body ache, nausea, dry cough. If your child is diagnosed with flu, please contact your school nurse. Your child can return to school once symptoms have resolved and they have been fever free for 24 hours without medication.

Conjuntivitis: commonly known as pink eye, is a highly contagious infection of the eye. If your child has been diagnosed with conjunctivitis, please contact the school nurse. Your child may return to school after 24 hours of antibiotic treatment.

We are here to help!
Please contact your child's school nurse with any questions or concerns.

COVID-19 GUIDANCE

Symptoms of the more recent variants of COVID-19 are similar to common cold or flu and include fever, chills, sore throat, stomachache. Testing is required to distinguish COVID-19 from other airborne or droplet diseases. If your child is diagnosed with COVID-19, please contact your child's school nurse.

ISOLATION: individuals who test positive for COVID-19 should isolate for five full days from the date of positive test or date of symptom onset. Students can return to school on day six of illness. Masking on days 6-10 is recommended. Please contact your child's school nurse for specific guidance.

Link here for the latest COVID-19 guidance from the Centers for Disease Control and Prevention

MASKS/TESTING: at this time, WPS does not carry COVID-19 test kits. Students who are suspected of having COVID-19 will be dismissed with recommendations for testing at home or with the child's pediatrician. Masks will be available for student use at each school.